



BREASTFEEDING CLASSES

A must for women who plan or who are considering breastfeeding their baby. Designed to educate and prepare mothers in the basic techniques required to establish a positive breastfeeding relationship with their baby. Dads or the support person for Mom are an essential partner to successful breastfeeding and are welcome to attend and be a part of the experience.

Where: NASH UNC WOMEN'S CENTER EDUCATION ROOM

2021 SCHEDULE OF CLASSES

Thursdays, 7:00-9:00pm

January 28	July 29
February 25	August 26
March 25	September 30
April 29	October 28
May 27	November 18
June 24	December 16

****Fliers available at the Front Desk or Checkout—all classes are conducted by staff of the Nash Women's Center and not by Nash Ob-Gyn Associates.****

To register - email nashwomenscenter@unchealth.unc.edu

For more information, go to www.nashwomenscenter.org or call (252) 962-BABY.

***NOTE: All classes January-April 2021 will be VIRTUAL via Webex.
This is subject to change. You will receive the Webex link after you register.***